

Day 3 - Lay day

After a long, hot and tiring day, our sailors came off the water at around 7:15, had their Team meet and enjoyed the event party. Day four is a layday.

The days sailing was really slow with wind maxing out at about 8 knots from the north and North West. Every sailor had a tough day with shifty, patchy winds.

Heidi and Rosie had killer starts but did not convert to good finishing positions as they missed the shifts on the top end of the race course in both races. Matt and Calene really battled with the light breeze and were finding it difficult to keep pace in the short chop. They managed a 10th and a 6th. Ed and Josh were on pace but just not able to read the shifty conditions as well as the top end of the fleet, they finished the day with 12th and 15th. The Alex's battled today with pace but were getting the wind calls right, this gave them some breathing space, but they finished with 15th and 12th for the day.

On the Laser course Stef managed to bring home a great 6th and a 17th – this pulled him up two places to 4th overall. He is sailing really well and is focused on the task ahead.

Jess battled with the wind shifts again as well as the starts, and although managing to keep pace, could not make her way back into the bulk of the fleet.

Sorry this did not transmit yesterday – we have very intermittent wireless access.

Well we have lay day today and have just come back from visiting the old city of Croatia, it is really amazing to see the History of the old City and one can only imagine the way things were all the years ago – some of the buildings date back to 4th and 5th century. Everyone is in good health and having a relaxing afternoon swimming and chilling. Tonight we will refocus their minds back into race mode and ready them for tomorrow

Regards from Hot Croatia