

National Team competing in International Events

Roles and Responsibilities of Parents and/or Support crew

(excluding Coaches and Team Manager)

The following guidelines outline South African Sailing's requirements of any person who accompanies any South African team selected by SAS or a National Class Association to represent South Africa at an international event or world championship, including parents of any squad members.

Roles

1. Support for the team manager and coach, only if requested by either
2. Spectator
3. Parents of minors (under 18yrs old) have the role of authority, logistics coordinator and funding provider/securer for their child

Responsibilities

1. Ensure all information about your child/minor and any funds required are provided to SAS, the class association and/or the team manager timorously on request.
2. Ensuring your child/minor attends all practice and training sessions preceding the event as determined by the team manager and/or coach/es. If permission is required from school/university/work for absenteeism, it is your responsibility to notify the school/university/employer and obtain said permission for leave of absence, including the period for the international event and all practice/training sessions prior to the event.
3. Maintain a healthy routine for your child/minor for a six month period preceding the international event, including adequate sleep, suitable nutrition, support for their fitness routines, mental/emotional/physical health, all of which may require periodic intervention if recommended by your family doctor, coach or SAS appointed High Performance sports scientist.
4. Notify the coach and/or team manager of any reasons your child/minor may not be able to attend training sessions, regattas preceding the international event, sports science interventions, etc or why your child/minor may not be performing to his/her optimum level as and when they arise.
5. Sign a contract and all entry forms and medical forms on behalf of your child/minor as required by the class association, organising authority, SAS or ISAF.
6. Refrain from "coaching" your own child during the 6 month period preceding an international event and including at the event itself. All coaching matters will be the sole responsibility of the nationally appointed coach for the team. This includes any and all coaching from the time a coach has been appointed until after the international event, including the periods where your child/minor is not in the coach's presence.
7. If you or your child/minor has any discrepancy or queries about the coaching method or behaviour of an appointed coach, these issues are to be directed to the Team Manager only. No parent or sailor may enter into an argument or interfere in any form or manner with the coach's decisions and methods of coaching, unless the coach has asked explicitly for such action. Failing a resolution of your concern/issue with the Team Manager, you may approach

the SAS High Performance Manager or SAS Council, but all final decisions about resolution of any conflicts between sailors or parents and coaches will remain under the authority of SAS in consultation with the Team Manager.

8. Parents and support crew may accompany a team during transit to/from the international event and may socialise with the sailors, coaches and team managers prior and directly after the event/championship. However, from the start of the event (race 1) to the completion of the event (last race), parents and support crew are to remain away from the sailors and coaches, including your child/minor, unless otherwise requested by the Team Manager. It is advised that parents and support crew even stay away from boat parks and functions during this period. Your person of contact with the team during the event will be the Team Manager only and this includes telephone, sms, email and all/any other form of contact. All emergency issues can be directed through the Team Manager and only he/she will ascertain whether the issue merits direct contact between parents/support crew and the sailor/coach. On this note, the Team Manager has the authority to confiscate temporarily any cell phones from any of the sailors on the team if she/he deems this necessary for the sailor's and/or coach's benefit.
9. If your child/minor has received any form of financial assistance and/or sponsorship to compete in an international event/championship, it is your responsibility to ensure that your child/minor sends a letter of gratitude to the donor/sponsor before and after the event, and is available for any press conference or media interview prior, during and after the event, making mention of their donor and/or sponsor/s favourably.
10. Submitting news about your child/minor's progress and achievements to your club Commodore and regional SAS representative during and after the event to ensure good publicity for your child/minor and for SA sailing.
11. Ensuring that your child/minor represents our country ethically and in high moral standing by promoting good sportsmanship and fair sailing to your child/minor prior to the event and all other events preceding and following the international event. Your child/minor will become a role model for others in SA and represents sailing to the public, so please help by ensuring that he/she and sailing are represented in good moral standing. Any discretion on this part by you or your child/minor may result in the suspension or cancellation of your SAS membership and participation in any future sailing events in SA or internationally.

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